

Hants and South Coast Swimming Leagues

RULES Year 2008

1. Aims and Objectives

The aims and objectives of the League shall be those of the ASA and ASA SER. In particular:

- a. To provide a series of inter club galas in the manner described herein.
- b. To provide a competition suitable to clubs with varying objectives, e.g. clubs preparing for the major divisions of the Leagues and clubs strong enough to swim teams in both major and minor swimming League Divisions.
- c. The affairs of the League shall be conducted under ASA Law and Technical Rules. The League will affiliate each year to the South East Region of the ASA and will comply with ASA Equity and Welfare requirements. Member Clubs must ensure that their League gala participants comply with ASA Child Protection and other ASA policy requirements.
- d. All galas shall be swum under ASA Law and Technical Rules.
- e. All competing swimmers must be registered with the ASA.

Rule 2 Executive Committee

- a. The Swimming League shall be governed by a General Committee consisting of one delegate from each competing club, plus the League Executive
- b. The Executive shall comprise of the following Hon Officers: Chairman, Vice Chairman, Secretary, Minute Secretary, Treasurer, Fixture Secretaries, Immediate Past Chairman, together with not more than six (6) elected members. Honorary Life Membership may be awarded to not more than two Members for services to The League,
- c. A Delegate to represent the League at Hampshire ASA Council or Forum meetings may be nominated by the Executive.
- d. The Chairman shall remain in office for a period not exceeding two (2) years.
- e. The Executive, five to form a quorum, shall be responsible to the General Committee for ensuring that the League and all matters relating thereto shall be administered efficiently and in a manner which will enhance the League's reputation.
- f. The Executive Committee shall meet as and when required.

Rule 3.1 Annual General Meetings

- a. There shall be an Annual General Meeting of the League for the election of the Officers and Committee and the approval of the examined accounts. This meeting shall be held during the month of November each year, date fixed by the Executive. Members will be notified of the time, date and place of the meeting and sent an Agenda not less than 14 days prior to the meeting.
- b. At this meeting, an independent examiner(s), who shall not be an elected officer(s) of the club or a member(s) of the Committee, shall be proposed and appointed.

Rule 3.2 Special General Meetings

- a. Special General Meetings, other than the Annual General Meeting, may be called either by the Executive, or by 6 clubs in writing to the Secretary. A Special General Meeting must be arranged within 28 days of receipt of such a request.
- b. Business, other than that for which the Special General Meeting was convened, may only be considered with the consent of the Chairman.

Rule 3.3 Quorum

A quorum at a General Meeting shall consist of Delegates from 6 or more clubs

Rule 3.4 Rule Changes

- a. Any alterations to the Rules may only be made at a General Meeting and any proposals to be made at an Annual General Meeting shall be submitted in writing, duly proposed and seconded by two member clubs and in the Secretary's hands not later than 1st October. Such proposals must be clearly set out in the Agenda
- b. Any alteration to be made at a General Meeting shall, if it is to be carried, require at least twice as many votes in favour of the proposal as against it.
- c. Gala arrangements, as indicated in Competition and Specific Conditions, may be varied by the Executive.

Rule 3.5 Voting

- a. Voting at General Meetings shall be by:
 - i. an appointed delegate of each club attending the General Meeting
 - ii. Officers and Executive members of the League.
- b. League matters which are, as decided by the Executive Committee, the concern of all the competitions can be voted on by delegates of all clubs. Matters of exclusive interest to only one competition shall be voted on by delegates from the clubs in that competition and members of the Executive Committee.
- c. Non mainland clubs unable to appoint a Delegate at a General Meeting may nominate the League Chairman to vote as instructed, or at discretion, on their behalf. Such nomination shall be in writing and signed by the Secretary or Delegate of the club concerned. It must be in the hands of the Chairman prior to any voting on the matter concerned.
- d. Voting on all matters will be in accordance with the provisions of the above.

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Rule 4 Finance

- a. All clubs shall pay an Annual Affiliation and Competition Fee, the amount to be decided at the previous Annual General Meeting and paid by 1st October.
- b. Entrance fees to galas for the following year shall be determined at the Annual General Meeting
- c. Clubs sponsoring galas are invited to make a contribution to League funds from any profits made.
- d. In the event of any loss being incurred by a club sponsoring a gala, a proportion of such loss may be met from League funds, but clubs are expected to meet any reasonable loss out of their own funds.
- e. The financial year shall be from 1st October to 30th September
- f. Funds and property of the League shall not be distributed among members, save as legitimate out of pocket expenses incurred in the running of the League, but shall be applied towards the furtherance of the objects of the League.

Rule 5 Competition Year

Competition year is the calendar year (1st January to 31st December) in which each competition takes place. Membership renewal forms for the following year will be sent to all present member clubs by September indicating the competition content and the date of each round.

Rule 6 Notice to Compete

Clubs entered must give League Management adequate notice of any inability to compete. This must be advised as soon as possible to the Competition Secretary and, where a gala has been set up, to the host club. Written confirmation, indicating the reason, must be sent to the League Secretary.

Clubs failing to attend a gala may be liable to suspension from the League and/or to a fine, not exceeding fifty pounds (£50) as determined at the Annual General Meeting. Part or all of such fine shall be used to compensate the host club of the gala concerned.

Rule 7 Waiting List

Clubs on the waiting list may be invited to take part at any stage in the Competition to replace clubs who have indicated their inability to compete. Such clubs will be placed and score in the gala in the usual manner but may not be eligible for Group Trophies which require participation in all rounds of the Competition.

Rule 8 Officials

- a. The sponsoring club shall appoint all Officials, other than those listed under (b) below. For all galas, the Referee and Deputy Referee shall be qualified person with membership of the ASA in the relevant category.
The minimum qualifications should be: -
REFEREE, DEPUTY REFEREE – A.S.A. QUALIFIED JUDGE
CHIEF TIMEKEEPER – EXPERIENCED AS A TIMEKEEPER
STARTER – EXPERIENCED AS STARTER FOR ONE YEAR AT CLUB LEVEL
- b. For all winners' galas, the Competition Secretary shall appoint, or approve the appointment of, the Referee.
- c. All clubs are responsible for providing one judge, timekeeper and Team Manager.
- d. It should be noted that galas would be considered to be fairly run if non-qualified persons officiated, but clubs are reminded that experienced qualified officials are preferable

Rule 9 Venues

All galas shall be swum at venues selected by the Competition Secretary.

Rule 10 Trophies

Insurance for Perpetual Trophies shall, if applicable, be the responsibility of the League. Member clubs must ensure their safekeeping and availability for the next competition in a presentable condition. A Club failing to return a Trophy due to negligence, which would invalidate an insurance claim, will be required to make good one half of the value up to a maximum of £100. Trophy winners are responsible for the engraving at an appropriate standard.

All trophies are perpetual unless otherwise stated.

Rule 11 Pool Safety

Gala hosts must ensure that they comply with ASA Safety requirements and that the appropriate announcements are made prior to the gala start. **Notifiable incidents must be recorded in the Host Club Log Book and reported to the League Welfare Officer as well as to the ASA Insurance Brokers.**

Spectators and Coaches must keep the poolside clear. Swimmers should be kept to their allocated areas except when competing or awaiting their events.

Rule 12 Discipline

Discipline of an individual member who may have compromised the interests of the League, shall be referred to the club(s) of the member(s) concerned and shall not be undertaken by the League

Rule 13 Dissolution

In the event that the League is dissolved or disbanded, any surplus funds shall be devoted to objects similar to those of the League or other swimming activities or to charity.

Rule 14 Contingency

The Executive Committee shall decide any action required but not covered by these rules, including changes to the Competition Conditions. Should any matter remain in dispute between the League and a Member Club/s then the ASA Club dispute procedure will be used to resolve the situation.

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Competition Conditions (League Bylaws)

1. Programme of events

Programmes for each competition shall be as indicated herein. Swimmer ages shall be as defined for each individual competition. The ages of all competition swimmers shall comply with the appropriate ASA Minimum Age law.

2. Allocation of lanes

The allocation of lanes shall be by random draw at the gala.

3. Allocation of clubs in gala groupings (Two-round competitions)

a) Round 1 Seeded galas shall be balanced as shown, in principle, below. The team numbers refer to the position of that team in the previous year's competition.

i) Four gala groupings

Gala	Teams							
	1	8	9	16	17	x	x	x
Gala 1	1	8	9	16	17	x	x	x
Gala 2	2	7	10	15	18	x	x	x
Gala 3	3	6	11	14	19	x	x	x
Gala 4	4	5	12	13	20	x	x	x

ii) Five gala groupings

Gala	Teams							
	1	10	11	20	21	x	x	x
Gala 1	1	10	11	20	21	x	x	x
Gala 2	2	9	12	19	22	x	x	x
Gala 3	3	8	13	18	23	x	x	x
Gala 4	4	7	14	17	24	x	x	x
Gala 5	5	6	15	16	25	x	x	x

Galas may consist of 5, 6, 7 or 8 teams. Places marked with an "x" will be allocated as necessary to remaining teams competing (lower or unplaced teams in the previous year competition). Flexibility will be allowed for interchange of close placed teams, other than the top seeds, to allow practical gala hosting arrangements to be set up. In some competitions geographical location may be used to set the gala grouping.

b) Round 2 teams shall be set into successive groups in rank order to swim for Division/Group trophies. In general, teams shall be grouped into sets of 6, but flexibility will be allowed for groups of 4, 5, 7 or 8 teams to make optimum use of venues available.

4. Scoring

All gala events shall be scored in relation to the number of teams competing (e.g. 5,4,3,2,1 for a 5-team gala) and the swim position. If a gala with less than 6 teams is, in error, scored as 6,5,4,3,2,1 the conversion formula, to avoid fully rescoring, is: Corrected points = $P - (6-N)(E-D)$ where:

P = points allocated as 6,5,4,3,2,1; N=number of teams competing (3,4 or 5); D=number of DQs (or 'no swim') for the team.

If there is an event place tie both teams shall be awarded the average of the position points; e.g. 5.5 points for both swimmers/teams for a 1st place tie in a six-team gala.

Round 1 galas swum with other than 6 teams, shall have the gala points total rescaled by the Fixture Secretary to a six-team standard. The multiplication (re-scaling) factor to a 6-team standard shall be $7/(N+1)$ where N is the number of teams competing. E.g. 7/9, 7/8, 7/6, 7/5 for conversion from 8,7,5 or 4 teams respectively.

Teams shall be placed in rank order headed by Round 1 gala winners, followed by the remaining clubs with rank position set by Round 1 gala points, rescaled where necessary. This rank order shall be used to determine the gala groupings for Round 2

Round 2 galas shall be scored in accordance with the specific conditions of the competition concerned. In general all Final Round galas are trophy galas in their own right although it is necessary for trophy winners to have swum correctly in both rounds in accordance with the competition conditions. Teams that are ineligible for the trophy shall, however, still score in the gala in the normal manner.

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5. Postal Swimming

Where, due to excessive travel time and cost, teams are permitted to compete by submission of swimmer times previously obtained to the gala programme at a local pool, this will be known as Postal Swimming. The following shall apply.

1. Postal Swim galas shall be pre-swum in accordance with the programme and Specific Conditions in adequate time for the full results to be made available prior to the main competition round.
2. Postal Swim teams shall be allocated to one or more appropriate 'Host' galas.
3. **The Host gala/s shall be swum, at the discretion of the Competition Secretary, with Postal-Swim Times either entered and used throughout the gala or added later to determine swimmer positions. Gala points acquired by Postal swim teams shall be exclusively used to place *those* teams and shall not affect the Grouping or Trophy awards of the teams swimming in the Host galas. Where a Postal Swim team heads a final round Group this will be acknowledged independently.**

6. General Conditions

- a. Minor League, Junior Cup, Premier League, Gemini Trophy, Invitation Meet, Rother League and Rother Trophies are separate competitions.
- b. The Competition Conditions shall apply to each competition unless specifically stated otherwise.
- c. Host clubs shall act as agents of the League, assuming the promoters responsibility for that particular gala.
- d. Swimmers may only swim the number of events as specified under the Conditions of the appropriate competition. Any infringement of this Condition will result in disqualification in the events where the infringement takes place and no points will be awarded to their team in those events. Disputes, which cannot be resolved by the Referee, shall be referred to the Executive within twenty-four (24) hours for a decision. The Open age group is an age group within its own right.
- e. Where a swimmer or team has been disqualified at an event start they may be offered a time trial in that race. Such a swim, if accepted, will be subject to an announcement that the swimmer/team is disqualified and is taking part only on a non-scoring time trial basis.
- f. Where mixed sex relays (G/B) are specified there must be an equal number of boys and girls in each team (eg a 4x1 G/B relay must consist of 2 girls and 2 boys). They may swim in any girl, boy order except in the Squadron relay which must be swum girl, boy in ascending age-group order.
- g. Swimmers must be registered and members of the club they represent from the date of the first gala of the Competition in which they take part.
- h. Where two teams from the same club take part in a gala, swimmers **MAY NOT BE INTERCHANGED** between the teams. In the Gemini Trophy, swimmers may be interchanged between the two strings.
- i. The **maximum** age of swimmers in all competitions swum under the League auspices shall be as at the last round of that competition. **Minimum ages shall, in all competitions, comply with ASA Law.**
- j. Invitational Meet ages shall be as at the date of the gala.
- k. Gala starts may be delayed up to fifteen (15) minutes to allow for the late arrival of a club. Clubs arriving after the start shall be allowed one (1) point for each event missed. In the Gemini Trophy, clubs shall be allocated three (3) points for each event missed. Club failing to compete in a gala will not receive any points.
- l. The delegate of the sponsoring club of each gala is responsible for notifying (by telephone, either on the Saturday evening of the gala or between 8.30 to 10.00 a.m. on the following morning) the Fixture Secretary with the full points results of the gala, with written confirmation, if required, by the following Tuesday.
- m. The Fixture Secretary shall notify clubs of their venue for the next Competition Round at least fourteen (14) days before the gala date, together with full results of every gala, the current League Table and/or competition groupings as appropriate.
- n. Sponsoring clubs must provide programmes, venue details and a map to all participating clubs, no later than fourteen days prior to the gala.
- o. **The use of air-horns, other than by the Starter, is forbidden.**

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Gala Hosting Guidelines

The League is grateful to clubs for acting as Promoters on behalf of the League by hosting galas. Some guidelines for Host (*and Guest Clubs*) are given below.

1. Book, or confirm booking of, the agreed venue pool together with a lifeguard.

Print Programmes.

Advise Guest Clubs, at least 14 days before the gala, of gala venue [including Post Code and telephone number], gala programme, pool entry and gala start time; *copy to the Competition Secretary please.*

2. Arrange Officials

Technical: Referees, Chief Time Keepers, Starter, Judge and lane Timekeeper,

Non-Technical: Recorders, announcer, door and raffle coordinators.

If you are short of any of these the first port of call for help is to Guest Clubs, then to the League if difficulty remains.

Check that, if applicable (all final rounds and Rother Rd2), the Trophy will be available for presentation. The Trophies Secretary is Chris Lintott.

At such galas all teams present must score, including any team not eligible for the Division Trophy.

3. At the gala ensure that the Rules and Competition Conditions are available to the Referee and Guest Clubs. Score the gala in accordance with the number of teams present. Results should be announced in *lane* order with, optionally, the winning time given as well as the places. **All disqualifications must be announced as soon as possible to allow for a possible club protest.**

After the gala please ensure that the gala result is advised to the Competition Secretary that evening if possible so that the League table can be set up. For Final Round galas (and Rd 2 of the Rother League) include confirmation, or otherwise, that the trophy was presented.

4. Excessively loud noise sources, air horns in particular, can interfere with gala running and/or cause distress to nearby swimmers or spectators. The League requests that their use be confined, if applicable, to the sole use of the gala starter.

5. Costing

The Gala entry fee, including programme, (£2 at present) is set at each AGM and is intended to enable *most* galas to be run with just a small profit or loss. Profit or loss is the simple difference between the pool hire and the spectator entry receipts. Clubs are expected to run a raffle (with *optional* purchase by spectators) with pre-purchased or donated prizes, the proceeds from which can cover provision of programmes and general gala administration.

The League expects small losses on the gala (under about £50 or so) to be absorbed by Host Clubs that are using their home pool (on the basis of the saving of potentially significant travel costs) and is also happy for small profits to be retained by the club.

However there are many cost variables in pool hire charges, spectator accommodation number limits, number of clubs attending (5,6,7 or 8) and the gala type (all ages or Junior) so profits or losses *can* be significant.

The League will, on application, make a contribution towards significant losses (Rule 4d).

Likewise, in accordance with Rule 4c, clubs making a significant profit are invited to make a contribution to League funds.

Where galas are run at neutral pools the door money and pool invoice should be sent to the League Treasurer. Raffle money may be retained by the Host club which will have provided the raffle prizes.

Note1: Computer programmes are available, on request, to provide swimmer positions and team points from event times for League galas.

Note2: Where hosting is at a neutral pool Guest Clubs are expected to be prepared to assist with the provision of non-technical helpers (announcer, recorder, door keeper etc).

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MINOR LEAGUE (2 rounds): SPECIFIC CONDITIONS

NOTE: All Competition Conditions and Rules apply to the Minor League except where the difference is set out below

M.L.1 Swimmers must be registered and members of the club they represent from the date of the first gala of the competition. Ages, as at the last round of the competition, must comply with the programme and ASA law.

M.L.2 Swimmers may only compete for one club in the Minor League in any one calendar year, unless ruled otherwise by the Executive

M.L.3 Swimmers may swim in any number of relays and up to five individual events in total, of which not more than three shall be in their own age group.

The Squadron Relay shall be swum in girl/boy ascending age order. All other mixed sex (G/B) relays shall likewise have equal numbers of male and female swimmers (eg 2/2 for a 4x1 relay). They may swim in any girl, boy order but must comply with ASA stroke sequence laws.

Relay swimmer names and swim order, which, subject to Competition Conditions, may be changed with notification, should be made available on request by the gala MC or Referee.

M.L.4 Swimmers who have qualified to take part in an ASA National Age Group or Championship (excluding Masters), in events of 50m, 100m or 200m in the 12 months preceding the first round of the competition may not take part in any events (*individual or relay*) in that stroke in any age group.

M.L.5 If two teams from the same club take part in the same gala, swimmers may not be interchanged between the two teams

M.L.6 Gala groupings for Round 1 shall be in accordance with the seeding arrangements set out in the Competition Conditions. Galas must be scored in accordance with the number of teams present e.g. 5, 4, 3, 2, 1 for a five-team gala. If there is an event place *tie* both teams shall be awarded the *average of the position* points; e.g. 5.5 points for both swimmers/teams for a 1st place tie in a six-team gala.

M.L.7 Results from galas swum with other than six teams shall the total points rescaled by the Fixture Secretary to convert them to a six-team standard.

After Round 1 teams shall be placed in rank order headed by Round 1 gala winners, followed by the remaining clubs with rank positions set by Round 1 gala points, rescaled as necessary.

M.L.8 In the Final Round, teams shall be grouped in successive sets from the Rank Order with bonus points reflecting the level of each Division.

The top teams shall be swum together for the League Division 1 trophy, awarded to the gala winner. The remaining teams shall be swum together in successive groups in Rank Order to compete for the remaining Division trophies and again awarded to eligible gala winners

Where there is a tie for first place on gala points in the Final Round, the trophy shall be awarded to the higher placed, of the relevant clubs, on Round 1 gala points. Teams must have swum in both rounds in accordance with the rules to be eligible for the trophy.

A League Table shall be drawn up from the Round 2 results to place teams in Rank Order from their Division and gala placing.

M.L.9 Gala starts may be delayed up to fifteen (15) minutes to allow for the late arrival of a club. Clubs arriving after the start shall be allowed one (1) point for each event missed. Clubs failing to compete in a gala will not receive any points.

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JUNIOR CUP (2 rounds): SPECIFIC CONDITIONS

NOTE – All Competition Conditions and Rules apply to the Junior Cup except where the difference is set out below.

J.C.1 Swimmers must be registered and members of the club they represent from the date of the first gala of the competition in which they take part. Ages, as at the last round of the competition, must comply with the programme and ASA law.

J.C.2 Swimmers may only compete for one club in the Junior Cup in any one year, unless ruled otherwise by the Executive.

J.C.3 Swimmers may swim in any number of relays and up to five individual events for which they are eligible by birth date of which not more than three shall be in their own age group. The Squadron Relay shall be swum in girl/boy ascending age order.

Relay swimmer names and swim order, which, subject to Competition Conditions, may be changed with notification, should be made available on request by the gala MC or Referee.

J.C.4 Swimmers who have qualified to take part in an ASA National Age Group or Championship (excluding Masters), in events of 50m, 100m or 200m in the 12 months preceding the first round of the competition may not take part in any events (individual or relay) in that stroke in any age group.

J.C.5 If two teams from the same club take part in the same gala, swimmers may not be interchanged between the two teams.

J.C.6 Round 1 shall be swum in seeded Groups allocated in accordance with Rule 3a of the Competition Conditions; its team positions refer to those obtained in the Cup Final of the previous competition. Galas must be scored in accordance with the number of teams present e.g. 5, 4, 3, 2, 1 for a five-team gala. If there is an event place tie both teams shall be awarded the *average of the position points*; e.g. 5.5 points for both swimmers/teams for a 1st place tie in a six-team gala.

J.C.7 Results from galas swum with other than six teams shall have the total points rescaled by the Fixture Secretary to convert them to a six-team standard.

Teams shall be placed in rank order headed by Round 1 gala winners, followed by the remaining clubs with rank positions set by Round 1 gala points, rescaled as necessary.

J.C.8 The top clubs shall be swum together in the Final Round for the Junior Cup, which will be awarded to the gala winner.

The remaining clubs shall be swum together in successive Groups* in rank order to swim for the Group Trophies; again awarded to gala winners.

Where there is a tie for first place on gala points in the Final Round, the trophy shall be awarded to the higher placed, of the relevant clubs, in the Squadron relay

J.C.9 Gala starts may be delayed up to fifteen (15) minutes, to allow for the late arrival of a club. Clubs arriving after the start shall be allowed one (1) point for each event missed.

J.C. 10 Postal swimming teams will be event placed in accordance with their submitted times. Should their swimmer time be the same as the *averaged time* (due to place/time conflict) of a pair of Host gala swimmers in that event, then all three will share the position place points.

* Note; In general, teams will be grouped into sets of six, but flexibility will be allowed for groups of 5,6,7 or 8 in order to avoid galas with less than 5 teams.

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PREMIER LEAGUE (2 rounds) : SPECIFIC CONDITIONS

PL1 Swimmers must be registered and members of the club they represent from the date of the first gala of this competition.

Ages, as at the last round of the competition, must comply with the programme and ASA law.

PL2 Swimmers may only compete for one club in the Premier League in any one year unless ruled otherwise by the Executive.

PL3 Swimmers may swim in any number of relays and up to five individual events in total of which not more than three shall be in their own age group.

The Squadron Relay shall be swum in girl/boy ascending age order. All other mixed sex (G/B) relays shall likewise have equal numbers of male and female swimmers (eg 2/2 for a 4x1 relay). They may swim in any girl, boy order but must comply with ASA stroke sequence laws.

Relay swimmer names and swim order, which, subject to Competition Conditions, may be changed with notification, should be made available on request by the gala MC or Referee.

PL4 There are NO constraints on swimmers taking part in the Premier League other than those stated in ASA Law and conditions PL1 and PL2.

PL5 When two teams from the same club take part in the same gala swimmers may not be interchanged between the two teams.

PL6 Galas must be scored in accordance with the number of teams present e.g. 5, 4, 3, 2, 1 for a five-team gala. If there is an event place *tie* both teams shall be awarded the *average of the position* points; e.g. 5.5 points for both swimmers/teams for a 1st place tie in a six-team gala.

PL7 Results from galas swum with other than six teams shall have the total points rescaled by the Fixture Secretary to convert them to a six-team standard

After Round 1, teams shall be placed in rank order headed by Round 1 gala winners, followed by the remaining clubs with rank positions set out by Round 1 gala points, re-scaled as necessary.

PL8 The top teams shall be swum together for the League trophy, awarded to the gala winner. The remaining teams shall be swum together in successive groups in Rank Order to compete for the remaining Division trophies, awarded to eligible gala winners

Where there is a tie for first place on gala points in the Final Round, the trophy shall be awarded to the higher placed, of the relevant clubs, on Round 1 gala points. Teams must have swum in both rounds in accordance with the rules to be eligible for the trophy.

PL9 Gala starts may be delayed for up to 15 minutes to allow for the late arrival of a club. Clubs arriving after the start shall be awarded one point for each event missed.

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GEMINI TROPHY (single round): SPECIFIC CONDITIONS

NOTE: All Competition Conditions and Rules apply to the Gemini Trophy, except for the differences below.

Ages, as at the last round of the competition, must comply with the programme and ASA law.

G.T.1 Swimmers must be registered and members of the club they represent.

G.T.2 Competing clubs are required to swim two individual strings, with two lanes allotted to each club throughout.

G.T.3 There are no constraints on swimmers taking part in the Gemini Trophy other than those stated in ASA Laws and conditions GT1 and GT2

G.T.4 The lane draw shall be for pairs of lanes, coupled as follows: 1 and 4, 2 and 5, 3 and 6 in a three-club gala. In a four-club gala, the groupings shall be 1 and 5, 2 and 6, 3 and 7, and 4 and 8

G.T.5 Gala starts may be delayed up to fifteen (15) minutes, to allow for the late arrival of a club. Clubs arriving late shall be awarded 3 points for each event swum before their arrival.

G.T.6 Scoring shall be 6,5,4,3,2,1 in a three-club gala and 8,7,6,5,4,3,2,1 in a four-club gala for each lane position. The gala points of the two lanes of each club shall be added together to give the club score for each event and their gala total. If there is an event *place tie* both teams shall be awarded the *average of the position points*; e.g. 5.5 points for both swimmers/teams for a 1st place tie in a six-team.

G.T.7 Swimmers may swim in any number of relays but in not more than 5 individual events.

G.T.8 Relay events;

- a) All teams shall consist of an equal number of male and female swimmers.
- b) The Squadron Relay must be swum in girl/boy, ascending age-group order. Medley and freestyle relay teams may be swum in any swimming order, but stroke order must comply with ASA Law.
- c) Relay swimmer names and swim order, which, subject to Competition Conditions, may be changed with notification, should be made available **on request** by the gala MC or Referee.

G.T.9 Swimmers may be freely interchanged between each string (lane), within the constraints of the competition.

G.T.10 If there is a tie for first place on total gala points in the Final Round, the trophy shall be awarded to the higher placed score, of the relevant clubs, in the Squadron relay

G.T.11 In order to enable gala arrangements for the following year clubs shall be placed in rank order from their positions in each group in conjunction with the interchange of the bottom of each group with the top of the next lower group.

Clubs shall then be set in successive groups of 3 or 4 teams.

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INVITATIONAL MEET – SPECIFIC CONDITIONS

I.M.1 This Meet is open to all member clubs and such others as may be agreed by the Executive.

I.M.2 Swimmers ages shall be as at the date of the gala.

I.M.3 The Meet shall be based on 50m events in all four strokes, together with a 100m Individual Medley. Inter-club girl and boy relays will also be available. Relay swimmer names and swim order, which may be changed with notification, should be made available on request by the gala MC or Referee.

I.M.4 Entry limits may be set for any or all sessions.

I.M.5 Constraints on swimmers taking part will be set each year and stated in the Promoter's Conditions

I.M.6 Trophies will be awarded in accordance with the Promoters Conditions.

I.M.7 Perpetual trophies will be awarded to the top Junior, Intermediate, Senior and Overall teams. The Overall (Meet Trophy) shall be awarded to the team making the highest total points from all three sessions.

I.M.8 Clubs taking part must be prepared to provide officials and take one or more of the duties required to allow the Meet to function in an efficient self-supporting manner.

Rother Junior Trophies: Single round.

J1 Ages shall be as at the date of the gala. Swimmers may not compete in more than 5 individual events of which not more than 3 shall be in their own age-group.

J2 G/B relays shall consist of two girls and two boys. They may swim in any swimmer order but stroke order must comply with ASA law.

J3 Gala trophies shall be awarded on the points obtained at the gala. Where equality exists the higher placed team in the Squadron relay shall take preference.

J4 The squadron relay shall be swum in girl/boy, ascending age, order for each of the four age groups. Names need not be submitted in advance.

J5 For all relays the names and order of swimmers do not need to be submitted in advance of the race. In all relays, excluding the squadron relay, swimmers may be interchanged if there is a restart. In the squadron relay, if there is a restart, the first swimmer only may be changed.

Programme:

The programme is the same as the Premier League programme (Pg 13).

Hants and South Coast Swimming Leagues

ROTHER LEAGUE

- L1 Ages shall be as at the last day of the competition. Swimmers may only compete for one Club in the League year, unless otherwise ruled by the Committee.
- L2 Swimmers may swim a maximum of three (3) individual events in their own age group and not more than a total of five (5) individual events. There is no limit on the number of relay swims in any gala. All events in Round 2 galas, other than the two Individual Medleys, are relays so there are no restrictions on the number of events a swimmer may take part in. Where two teams from one club take part in the same gala swimmers must swim for one team only.
- L3 The squadron relay shall be swum in girl/boy, ascending age, order for each of the four age groups. Names need not be submitted in advance.
- L4 In backstroke relays all swimmers must start in the water and the hands and feet of each swimmer shall remain in contact with the wall until the incoming swimmer has touched the end of the pool.
- L5 In some pools a support rail obstructs one or both ends. Turns and finishes may then be made on the rail which will be regarded as forming part of the end wall of the pool.
- L6 The Masters event is open to professional swimmers. Teams shall consist of 2 males and 2 females that may swim in any order. The total age of the four team members shall be not less than 120 years as at gala date. No Gala Points shall be awarded from the result of the Masters Relay, but a perpetual trophy shall be awarded to the winning team.
- L7 Points for each event (excluding Masters) shall be awarded on the basis of the number of teams competing, i.e. 5, 4, 3, 2, 1 for a five team Gala. Rescaling of Galas held with other than six teams shall be done, if necessary, by the Competition Secretary.
- L8 Trophies shall be awarded on the basis of the Competition Structure (Appendix 1).
- L9 For all relays the names and order of swimmers do not need to be submitted in advance of the race. In all relays, excluding the squadron relay, swimmers may be interchanged if there is a restart. In the squadron relay, if there is a restart, the first swimmer only may be changed.

Hants and South Coast Swimming Leagues

Programmes: Under ASA Law and Technical Rules.

Gemini Trophies					Premier League				Minor League				Junior Cup				
Ages at Gala date					Ages at Rd2 Gala date				Ages at Rd2 Gala date				Ages at Rd2 Gala date				
1	U11	G	Breast	50m	U10	G	Free	50m	Open	L	Breast	100m	U14	G	Breast	100m	1
2	U11	B	Breast	50m	U10	B	Free	50m	Open	M	Breast	100m	U14	B	Breast	100m	2
3	U14	G	Breast	50m	U12	G	Back	50m	U11	G	Back	50m	U13	G	Breast	50m	3
4	U14	B	Breast	50m	U12	B	Back	50m	U11	B	Back	50m	U13	B	Breast	50m	4
5	U16	G	Breast	50m	U14	G	'Fly	50m	U12	G	'Fly	50m	U11	G	'Fly	25m	5
6	U18	B	Breast	50m	U14	B	'Fly	50m	U12	B	'Fly	50m	U11	B	'Fly	25m	6
7	U12	G	Breast	50m	U11	G	Breast	50m	U13	G	Free	50m	U12	G	'Fly	50m	7
8	U12	B	Breast	50m	U11	B	Breast	50m	U13	B	Free	50m	U12	B	'Fly	50m	8
9	Open	G	'Fly	100m	U13	G	Free	50m	U15	G	Breast	50m	U14	G	I.M	100m	9
10	Open	B	'Fly	100m	U13	B	Free	50m	U15	B	Breast	50m	U14	B	I.M	100m	10
11	U11	G	Back	50m	U10	G/B	Med R	4x1	Open	L	Free	100m	U13	G	Free	50m	11
12	U11	B	Back	50m	U12	G/B	Med R	4x1	Open	M	Free	100m	U13	B	Free	50m	12
13	U14	G	Back	50m	U14	G/B	Med R	4x1	U11	G/B	Med R	4x1	U11	G	F/S R	4x1	13
14	U14	B	Back	50m	U11	G/B	Med R	4x1	U12	G/B	Med R	4x1	U11	B	F/S R	4x1	14
15	U16	G	'Fly	50m	U13	G/B	Med R	4x1	U13	G/B	Med R	4x1	U12	G	F/S R	4x1	15
16	U18	B	'Fly	50m	U10	G	Back	50m	U15	G/B	Med R	4x1	U12	B	F/S R	4x1	16
17	Open	G/B	F/S R	4x2	U10	B	Back	50m	Open	L/M	Med R	4x50m	U14	G	Med R	4x1	17
18	U12	G/B	F/S R	4x1	U12	G	'Fly	50m	U11	G	'Fly	50m	U14	B	Med R	4x1	18
19	U11	G/B	Med R	4x1	U12	B	'Fly	50m	U11	B	'Fly	50m	U13	G	Med R	4x1	19
20	U14	G/B	Med R	4x1	U14	G	Breast	50m	U12	G	Free	50m	U13	B	Med R	4x1	20
21	U18	G/B	Med R	4x1	U14	B	Breast	50m	U12	B	Free	50m	U11	G	Back	50m	21
22	U12	G	'Fly	50m	U11	G	Free	50m	U13	G	Breast	50m	U11	B	Back	50m	22
23	U12	B	'Fly	50m	U11	B	Free	50m	U13	B	Breast	50m	U12	G	Free	50m	23
24	Open	G	Back	100m	U13	G	Back	50m	U15	G	Back	50m	U12	B	Free	50m	24
25	Open	B	Back	100m	U13	B	Back	50m	U15	B	Back	50m	U14	G	'Fly	100m	25
26	U11	G	Free	50m	U10	G	'Fly	25m	Open	L	'Fly	100m	U14	B	'Fly	100m	26
27	U11	B	Free	50m	U10	B	'Fly	25m	Open	M	'Fly	100m	U13	G	Back	50m	27
28	U14	G	Free	50m	U12	G	Breast	50m	U11	G	Free	50m	U13	B	Back	50m	28
29	U14	B	Free	50m	U12	B	Breast	50m	U11	B	Free	50m	U11	G	Free	50m	29
30	U18	G	Back	50m	U14	G	Free	50m	U12	G	Breast	50m	U11	B	Free	50m	30
31	U16	B	Back	50m	U14	B	Free	50m	U12	B	Breast	50m	U12	G	Breast	50m	31
32	U12	G	Back	50m	U11	G	Back	50m	U13	G	Back	50m	U12	B	Breast	50m	32
33	U12	B	Back	50m	U11	B	Back	50m	U13	B	Back	50m	U14	G	Free	100m	33
34	Open	G	Breast	100m	U13	G	'Fly	50m	U15	G	'Fly	50m	U14	B	Free	100m	34
35	Open	B	Breast	100m	U13	B	'Fly	50m	U15	B	'Fly	50m	U13	G	'Fly	50m	35
36	U11	G	'Fly	25m	U10	G/B	F/S R	4x1	Open	L	IM	100m	U13	B	'Fly	50m	36
37	U11	B	'Fly	25m	U12	G/B	F/S R	4x1	Open	M	IM	100m	U11	G	Breast	50m	37
38	U14	G	'Fly	50m	U14	G/B	F/S R	4x1	U11	G/B	F/S R	4x1	U11	B	Breast	50m	38
39	U14	B	'Fly	50m	U11	G/B	F/S R	4x1	U12	G/B	F/S R	4x1	U12	G	Back	50m	39
40	U18	G	Free	50m	U13	G/B	F/S R	4x1	U13	G/B	F/S R	4x1	U12	B	Back	50m	40
41	U16	B	Free	50m	U10	G	Breast	50m	U15	G/B	F/S R	4x1	U14	G	F/S R	4x1	41
42	Open	G/B	Med R	4x2	U10	B	Breast	50m	Open	L/M	F/S R	4x50m	U14	B	F/S R	4x1	42
43	U12	G/B	Med R	4x1	U12	G	Free	50m	U11	G	Breast	50m	U13	G	F/S R	4x1	43
44	U11	G/B	F/S R	4x1	U12	B	Free	50m	U11	B	Breast	50m	U13	B	F/S R	4x1	44
45	U14	G/B	F/S R	4x1	U14	G	Back	50m	U12	G	Back	50m	U11	G	Med R	4x1	45
46	U16	G/B	F/S R	4x1	U14	B	Back	50m	U12	B	Back	50m	U11	B	Med R	4x1	46
47	U12	G	Free	50m	U11	G	'Fly	50m	U13	G	'Fly	50m	U12	G	Med R	4x1	47
48	U12	B	Free	50m	U11	B	'Fly	50m	U13	B	'Fly	50m	U12	B	Med R	4x1	48
49	Open	G	Free	100m	U13	G	Breast	50m	U15	G	Free	50m	U14	G	Back	100m	49
50	Open	B	Free	100m	U13	B	Breast	50m	U15	B	Free	50m	U14	B	Back	100m	50
51	G/B Squadron			10x1	G/B Squadron			10x1	Open	L	Back	100m	G/B Squadron			8x1	51
								Open	M	Back	100m					52	
								G/B Squadron			10x1					53	

Note: 50m pool distances will differ.

Hants and South Coast Swimming Leagues

APPENDIX 1: ROTHER LEAGUE: COMPETITION STRUCTURE (Three rounds)

Teams shall be set in rank order from 1 to 30 determined by their League positions in the previous competition; the bottom two teams of each Division shall first have been interchanged with the top two of the Division below. New entries may be inserted into positions reflecting their known strengths. The top 6 teams shall form Division 1; the remaining teams shall form Divisions 2, 3, 4 and 5 respectively. Galas shall be set for all three rounds as below: Programmes are in Appendix 3.

Round 1: 50m Programme with teams Rank Order grouped as below:

Gala 1: Teams 1 6 7 12 13 18

Gala 2: Teams 2 5 8 11 14 17

Gala 3: Teams 3 4 9 10 15 16

Gala 4: Teams 20 21 24 25 28 29

Gala 5: Teams 19 22 23 26 27 30

League points awarded 1 to 6 on gala positions

Round 2: Relay Galas with teams in their respective Divisions:

Gala 1: Teams 1 2 3 4 5 6

Gala 2: Teams 7 8 9 10 11 12

Gala 3: Teams 13 14 15 16 17 18

Gala 4: Teams 19 20 21 22 23 24

Gala 5: Teams 25 26 27 28 29 30

League points awarded 1 to 6 on gala positions

The Individual Medley Perpetual Trophies will be awarded for the winners of the U14 Girls and Boys IM events.

Round 3: Conventional programmes. Divisions 4 and 5 may differ from Divisions 1-3.

All teams in their respective Divisions.

Double League points shall be awarded (12, 10, 8, 6, 4, 2) from which the resulting League tables shall define Division Winners with promotion and relegation for the following year.

The Round 3 Galas shall also include a Masters relay [Two male and two female, total age 120 or over].

After Round 3 a League table shall be drawn up. Promotion of the top two clubs in Division 2, 3, 4 and 5 and relegation for the bottom two clubs in Division 1, 2, 3 and 4 shall be effected. From the resulting rank order, the seeding for the following year shall be carried out as detailed above.